



Sailor Knows.  Sailor Grows.

CAREER WISE 

June 2010 **MONTHLY COUNSELING DIGEST** Vol. 49

The Source You Need for Benefits & Family

CLICK THE UNDERLINED BLUE HYPERLINKS

FAMILY EDITION

18+ Things that your Dependent & Family should know and take advantage as your Benefit

Navy Knowledge Online is for Family too.



The Basic Checklist to get you started*

1: Ask your spouse to enroll you in the Defense Enrollment Eligibility Reporting System (DEERS). All service members and their dependents must be enrolled in DEERS to receive medical benefits. It is up to your spouse to enroll you.

2: Obtain a military identification card from the ID card facility. To receive benefits as a military spouse, you will need an identification card. All family members, including children ages 10 and older, will need their own ID cards. Your ID card will enable you to access military bases, exchanges, and commissaries, and receive medical care. You will need your marriage license, birth certificates or photo identification, Social Security card(s) of all dependents, including children and Department of Defense Form 1172 (application form) to apply for an ID card.

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Family Sites You Must Know & Use

3: Navy Family Accountability and Assessment System

System (NFAAS) standardizes a method for the Navy to account, manage, and monitor the recovery process for personnel and their families affected and/or scattered by a wide-spread catastrophic event. The NFAAS provides valuable information to all levels of the Navy chain of command, allowing commanders to make strategic decisions which facilitate a return to stability.

NFAAS allows Navy Personnel to do the following: Report Accounting Status, Update Contact/Location information & View Reference Information. Go to:

<https://navyfamily.navy.mil/>

The screenshot shows the NFAAS website interface. At the top, it says "NFAAS NAVY FAMILY ACCOUNTABILITY and ASSESSMENT SYSTEM". Below this, there are two main sections: "NFAAS Login Page" and "What is NFAAS?". The "NFAAS Login Page" section has two columns. The left column is for "Navy Military, Civilians, OCONUS Contractors, and their Families" and includes a "Click Here" button. The right column is for "All Navy Support, Authorized Personnel and Staff" and also includes a "Click Here" button. Below these are "Login Problems" instructions. The "What is NFAAS?" section explains the system's purpose and lists three key actions: "Report Accounting Status", "Update Contact/Location information", and "View Reference Information".

4: Navy Housing

The Navy Housing website contains information on housing around the world. Learn about:

- Housing POC information
- Application process (DD-Form 1746)
- Wait list times
- Housing allowances
- View: Floor plans, Photos, Community housing Listings. And more housing or PCS related topics including temporary lodging @

<http://www.housing.navy.mil/>

The screenshot shows the Navy Housing website interface. At the top, it says "Navy Housing CNIC | Commander Navy Installations Command". Below this, there is a navigation menu with links like "Home", "DoD Lodging", "OneStop", etc. The main content area features a "Welcome to CNIC Navy Housing's Website" message. Below this, there are several service tiles: "DoD Lodging", "Navy Housing OneStop", "PPV (Public Private Ventures)", "Housing Waiting List", and "HLC Housing Learning Center". Each tile provides a brief description of the service.

I think people that have a brother or sister don't realize how lucky they are. Sure, they fight a lot, but to know that there's always somebody there, somebody that's family. – *Trey Parker and Matt Stone, South Park, Cat Orgy, 1999*

Navy E-Learning & MWR is for Family too

5: Navy E-Learning and You! Traditional deployments have always been a time when spouses determine to use the time away from their Sailor wisely. An IA deployment will go faster if you are working towards a personal goal. Some spouses may decide to continue their education but might not be interested in attending college at this time.

NKO hosts Navy E-Learning courses which are available to anyone enrolled in DEERS. The more than 6,000 courses available cover a wide range of subjects. Online courses are beneficial to people with turbulent schedules, like the Navy family. Students may complete the courses at their pace, from any computer, anywhere. To make it easier to sort through the courses offered, CNIC has compiled a modified course list which pertains to the personal and professional growth of Navy spouses, ombudsmen and teens.

Perhaps you'd like to: Develop a career strategy, Build your resume and learn interview techniques, Improve your communication skills, Learn Time Management or update your writing skills, Help your teen with their homework by brushing up on Algebra or another subject from your earlier school days, Learn a new language and MORE:

Get a wealth of knowledge and resources, free to all Navy Dependents at: <https://wwwa.nko.navy.mil/portal/home/>

6: Morale, Welfare & Recreation (MWR) program is to provide active duty, reserve, retired Navy personnel and their families with sports and physical fitness activities, child and youth programs, and a variety of food and beverage services. Visit the MWR website and learn about the wide range of programs that contribute to the retention; readiness; and mental, physical, and emotional well-being of our Sailors and their families.

<http://www.mwr.navy.mil/>



facebook

<http://www.facebook.com/CAREERWISE>



6: Click here to check out FamilyLine's free guideline series publications to help you face the challenges of military lifestyle.

Get a wealth of knowledge and resources, free to all Navy Dependents at:
<https://www.nko.navy.mil/portal/home/>



7: Naval Legal Service Offices is a customer-service organization providing legal services to active duty Navy, Marine Corps and Coast Guard service members and their dependents, reservists on active duty for 30 days or more, and to retirees as resources permit. Go to this site then click family & services for details:

<http://www.jag.navy.mil/>

8: Register your car on base. You can do this at the Base Pass and ID/Security Office. Check with them to see what documents you'll need, but expect to bring your driver's license, Department of Motor Vehicles registration card, proof of car insurance and state inspection (If required)

9: Ask your spouse to list you as a beneficiary on his or her Serviceman's Group Life Insurance (SGLI) policy. This is the time for your service member to update his or her record of emergency data sheet (DD Form 93).



10: Military Saves is a social marketing campaign to persuade, motivate, and encourage military families to save money every month, and to convince leaders and organizations to be aggressive in promoting automatic savings. (See **[NAVADMIN 024/08](#)** for more information)

NAVY NEWS YOU CAN USE

11: Determine whether you should change your state and federal income tax status to reflect your marital status. Check with the legal office or the Volunteer Income Tax Assistance program (VITA) on base to ensure you are doing what is right for your situation.

12: Memorize your spouse's Social Security Number. You will need it for all sorts of paperwork and forms. Until you memorize the number, you can always get it from the ID card.



www.facebook.com/careerwise

The Navy Fleet and Family Support Center
Provided by Commander, Navy Installations Command

FFSP Regional Office Program Directory

Select a region below to view contact information.

10 CONUS - 7 OCONUS

Regions shown: Navy REGION Northwest, Navy REGION Midwest, Navy REGION Southwest, Navy REGION Hawaii, Navy REGION Southeast, Europe, Southwest Asia, Naval District Washington, Navy REGION Mid Atlantic.

Navigation: Home, News, Transparency, FAQs, Forms, TRICARE Contacts, Site Map, Education/Publications, Español

TRICARE logo

My Profile: Enter a Profile

Overview, Medical, Dental, Vision, Prescriptions, Mental Health and Behavior, Life Events

What is TRICARE? | Eligibility | TRICARE Regions | TRICARE Plans | Enrollment | Plan Wizard | Compare Plans | Special Programs

In This Section: DEERS, ID Cards, Who's Eligible?

DEERS: Proper registration in the Defense Enrollment Eligibility Reporting System (DEERS) is key to receiving timely and effective TRICARE benefits. DEERS is a worldwide, computerized database of uniformed services members (sponsors), their family members, and others who are eligible for military benefits, including TRICARE.

ID Cards: All sponsors (active duty, retired, National Guard or Reserve) are automatically registered in DEERS. However, the sponsor must register eligible family members. After family members are registered, they can update personal information such as addresses and phone numbers.

Who's Eligible?: Active Duty Service Members and Their Families, National Guard and Reserve Members and Their Families

DEERS Contact Information: Toll-free: 1-800-538-9552, TTY/TTD: 1-866-363-2883, Fax: 1-351-855-8317, DEERS Website

Downloads: DEERS Card

Related Web Sites

13: Know your Sailor's rate, rank, department or division, email, mailing address and full command name. Make sure your entire family has this information.

14: Fleet and Family Support Centers (FFSCs) are located at bases and stations around the world. They provide Navy families with a variety of programs that assist them as they adapt to the special demands of the military lifestyle.



Family isn't about whose blood you have. It's about who you care about. - Trey Parker and Matt Stone, South Park, Ike's Wee Wee



NAVY Family NEWS YOU CAN USE

15: Are You Ready? Guidelines for Navy Family Emergency Preparedness. It is important to be prepared in advance of any disaster either natural or manmade.

16: Ask your spouse to list you as a beneficiary on his or her Serviceman's Group Life Insurance (SGLI) policy. This is the time for your service member to update his or her record of emergency data sheet (DD Form 93).

17: Know who your Command Ombudsman is. The Ombudsman is a spouse of a member of the command who voluntarily serves as the official liaison between the command and its families. Ombudsmen provide resource and referral, assistance during times of emergency and rapid communication between the families and the command.

Click here to locate an Ombudsman nearest you.

The screenshot shows the Military OneSource website interface. At the top, it says "Not Navy? Select a different branch." and "Log Out | tonyastro | Contact Us | Help | En Español | View Basket". Below that, it says "A 24/7 Resource for Military Members, Spouses & Families" and "1.800.342.9647". There are navigation tabs for "Home", "Tools", and "Online Community". A search bar is present with the text "Search Military OneSource". On the left, there is a "Private Help 24/7" section with the phone number "1.800.342.9647" and a dropdown menu for "or call OCONUS:". Below that are links for "Counseling", "E-mail and get answers", and "National Suicide Prevention Lifeline 1.800.273.TALK (8255)". At the bottom left, there are social media links for Facebook and Twitter. On the right, there are several service buttons: "TAX FILING SERVICES", "ONLINE LIBRARIES", "TroopTube", "MILITARY INSTALLATIONS", "PLAN my MOVE", "Navy Meet and Family Support", and "NAVY BRIGADE". At the bottom right, there are "Navy Announcements", "Upcoming Online Events", and a chat link "6/23 - 'What New Year's Resolution?' moderated chat".

Military One Source runs the scope of situations: from needing a plumber in the middle of the night to fix a broken pipe, to needing veterinary service for a sick dog. It also handles things like helping families new to an area find childcare, or information about the school system, summer jobs – whatever is needed. Online, phone or face-to-face – the best source for the military family.

- National Suicide Prevention Lifeline: 1-800-273-TALK (8255)
- Military OneSource: 1-800-342-9647

18: https://www.militaryonesource.com a "one stop" place to go whenever service members or family members need assistance with any kind of problem and available 24 hours a day, seven days a week, 365 days a year.

If you ever start feeling like you have the goofiest, craziest, most dysfunctional family in the world, all you have to do is go to a state fair. Because five minutes at the fair, you'll be going, 'you know, we're alright. We are dang near royalty.- Jeff Foxworthy

Reposted
Information

College & Education

CLEP/DSST/ECE Retests No Longer Funded

Effective 11 December 2010, active duty servicemembers and eligible reservists will no longer have free retesting on CLEP, DSST and ECE exams. As a result, servicemembers taking these exams after 20 May 2010 who do not receive a passing score will not be allowed to retest free of charge on a previously funded exam of the same title. An examinee will be allowed to retest on the same test title if he pays for the retest out-of-pocket.

Apply for TA on the Web

Sailors should apply for Tuition Assistance (TA) through the Web Tuition Assistance (WebTA) system. WebTA eliminates paper TA applications by allowing Sailors to apply for TA electronically.

WebTA In a Nutshell

- 1) Go to [Navy College homepage](#) to access WebTA via MyEducation.
- 2) Fill out online application and email to your CO or By Direction Authority for approval.
- 3) CO approves application with electronic signature and forwards to Navy College.
- 4) Navy College approves TA request by electronic signature and forwards authorization to student's WebTA account.
- 5) Student logs on to his WebTA account, prints TA authorization and submits to school.

Sailors must follow these rules to use WebTA:

- 1) Remain on active Duty for duration of course.
- 2) Receive academic advisement & TA policy counseling with Navy College within the past year.
- 3) No outstanding TA Waivers or missing/overdue grades.
- 4) Must not owe money to the Navy for previously funded courses.
- 5) Must not be maxed out on fiscal year TA quota credits.
- 6) Not in STA-21, GEV, AEV programs

Command Endorsement

After filling out the WebTA application Sailors must email it to the CO or by direction authority for approval via electronic signature. **Commanding officers & OICs** need to identify the email address of their unit's endorsing TA authority and provide this information to its WebTA applicants.

Fax Your Grades!

As spring semester comes to a close you should fax your grade report to Pensacola if you used Navy Tuition Assistance (TA). The Navy holds each Sailor responsible for submitting a grade report. After you fax your grade report check [MyEducation](#) to see if the grade was posted to your TA account. Call NCO if your grade is not posted within 7 days. The fax number to Pensacola is (850) 452-1149. Be sure your grade report is a clean, bold copy containing your name and the last four of your SSN.

Look for the good, not the evil, in the conduct of members of the family – Jewish Proverb



CNO's Latest Information on Career

Message #

Subject

Date

[193/10 CHANGE TO PHYSICAL FITNESS ASSESSMENT DOCUMENTATION ON FITNESS REPORTS05/28/2010](#)

[188/10 NAVY STANDARD INTEGRATED PERSONNEL SYSTEM ELECTRONIC LEAVE TRAINING SCHEDULE AND AVAILABLE RESOURCES05/27/2010](#)

[187/10 FINAL UPDATE ON MANPOWER AND PERSONNEL SYSTEMS AT NAVAL SUPPORT ACTIVITY MID-SOUTH AFFECTED BY FLOODING05/27/2010](#)

[182/10 2009 CHIEF OF NAVAL OPERATIONS \(CNO\) SHORE SAILOR OF THE YEAR05/21/2010](#)

[181/10 FY-10 ADVANCED EDUCATION VOUCHER SELECTION BOARD RESULTS05/20/2010](#)

[180/10 FY-11 PERFORMANCE-BASED BOARD FOR CONTINUATION OF SENIOR ENLISTED \(PERSONNEL WITH GREATER THAN 19 YEARS OF SERVICE\)05/19/2010](#)

[179/10 UPDATED FY-11 SELECTION BOARD SCHEDULE05/19/2010](#)

[177/10 FY-11 NAVY RESERVE LIMITED DUTY OFFICER \(LDO\) AND CHIEF WARRANT OFFICER \(CWO\) SELECTION BOARD RESULTS05/18/2010](#)

[175/10 SELECTIVE REENLISTMENT BONUS UPDATE05/14/2010](#)

[174/10 SEPTEMBER 2010 \(CYCLE 208\) NAVY-WIDE PETTY OFFICER \(E-4 THROUGH E-6\) ADVANCEMENT EXAMINATIONS FOR UNITED STATES NAVY \(ACTIVE\), UNITED STATES NAVY RESERVE, FULL TIME SUPPORT, AND CANVASSER RECRUITER SAILORS05/14/2010](#)

[173/10 EXECUTIVE MASTER OF BUSINESS ADMINISTRATION DISTANCE LEARNING DEGREE PROGRAM FOR SEPTEMBER 201005/13/2010](#)

[172/10 BUSINESS RULES FOR OPERATIONS SPECIALIST \(OS\)-0348 NAVY ENLISTED CLASSIFICATION MANAGEMENT05/13/2010](#)

[171/10 INDIVIDUAL AUGMENTATION GRAM 07, OVERSEAS CONTINGENCY OPERATION SUPPORT ASSIGNMENT \(OSA\) TO REPLACE GWOT SUPPORT ASSIGNMENT \(GSA\) DETAILING FOR ENLISTED SAILORS05/27/2010](#)

[170/10 FY-11 SEAMAN TO ADMIRAL-21 PROGRAM ANNOUNCEMENT05/13/2010](#)

LATEST MUST
READ
ENLISTED
NAVADMIN.
Click the
Hyperlink



Reposted
Information

More Veteran Benefits News

National Resource Directory Updated

The National Resource Directory redesigned and enhanced its website at <http://www.NationalResourceDirectory.gov>. Created for servicemembers, veterans, wounded warriors, and their families and caregivers, NRD is a tool for service providers to reach out to the military and veterans communities. It provides access to thousands of services and resources at the national, state and local levels to support recovery, rehabilitation and community reintegration. If you are aware of community programs and services that should be available to veterans, please submit them for review to the Suggest A Resource feature on the NRD. The National Resource Directory is a Department of Defense (DoD) and Department of Veterans Affairs (VA) initiative.

Teachers Needed

America needs 240,000 new teachers each year and there are severe shortages of math and science teachers. Every student deserves a great teacher and it could be you. The American Board for Certification of Teacher Excellence (ABCTE) offers one of the most flexible and affordable ways to earn your teaching certification, including an online, independent study program that will prepare you to teach on your own schedule and without costing you thousands of dollars.

ABCTE is a state approved route to full teacher certification in Florida, Idaho, Mississippi, Missouri, New Hampshire, Pennsylvania, South Carolina, Utah, & Oklahoma. ABCTE is offering a change to save up to \$1000 for those who enroll by May 21, 2010. Visit the ABCTE website to learn more.

Visit: <http://www.abcte.org/teach> for details.

Collaborative Efforts Produce eBenefits - Register Now!

The Departments of Defense and Veterans Affairs have worked collaboratively to develop a one-stop shop for benefits-related online tools and information. The eBenefits portal is NOW AVAILABLE for registration. The portal is designed for Wounded Warriors, Veterans, Service members, their Families, and those who care for them.

Service members, Veterans, and family members can register for eBenefits, which affords access to the secure features in My eBenefits and allows the portal to be personalized to the user's needs. Additional features are being developed and added every quarter. Register TODAY at <https://www.ebenefits.va.gov> <http://bit.ly/d4BmNw> <<http://bit.ly/d4BmNw>>

UPDATE ON POST-911 GI BILL

Remind that early and often to heed the transferability rules. First, check to ensure all DEERS-listed dependents are updated. Then, to transfer benefits, log into this site - <https://www.dmdc.osd.mil/TEB/>. After transferring, Sailors can change the amount to each recipient at anytime. The safest thing to do is transfer a portion to each family member that you want to have this awesome benefit. Afterward, check the same DMDC website for approval. Then, Sailors can go to VA's website to the "Veterans Online Application (VONAPP)" - <http://vabenefits.vba.va.gov/vonapp/>. VA will verify eligibility and provide a certificate of eligibility to the family member designated.

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Information

Dependent News You Must Know

PCS & Other Move: Improved System Launched

Transportation officials have launched an improved system to better compensate servicemembers who personally move their household goods on military orders. The new system is Personally Procured Move (PPM), and it replaces the Do it Yourself (DITY) moves. All services began using the new system April 15. Moves initiated prior to that date will continue to process under the terms in place at the time of initiation. Members can make final moving plans with their local transportation office. The new system calculates for reimbursement using a "best value" method.

Some moves will not qualify for the new system. Rules for moves can be found in the DPS Smart Book at <http://www.move.mil> along with additional service-specific guidance.

Time to Update DEERS

TRICARE beneficiaries specially those overseas should keep an eye on their mailbox for critical information about how the new TRICARE Overseas Program contract affects them. To make sure the information reaches them, beneficiaries living abroad need to update their Defense Enrollment Eligibility Reporting System (DEERS) records as soon as possible. Contact information can be updated in DEERS in person--find the nearest ID card office online, by phone at 1-800-538-9552 (1-866-363-2883 TTY/TDD), by faxing at 1-831-655-8317, or by mailing address changes to DMDC Support Office, 400 Gigling Road, Seaside, CA 93955-6771. For more information, visit TRICARE's DEERS webpage. <http://www.dmdc.osd.mil/appj/address/index.jsp>

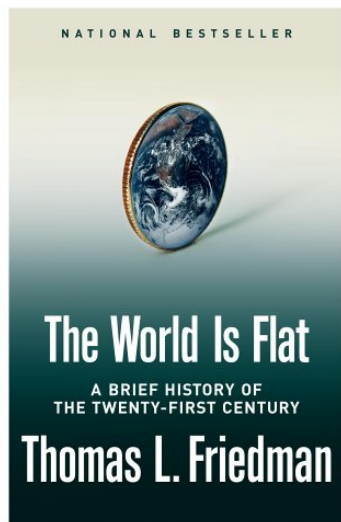
Have the Courage to Talk

Dr. Stephen Cozza, professor of psychiatry at the Uniformed Services University of Health Sciences, and associate director of the Center for the Study of Traumatic Stress, recently discussed a new program called "Courage to Care Courage to Talk" on the Military Health System's Dot-Mil-Docs Program. To listen to the program, visit the Military Health System's Dot-Mil-Docs webpage. To learn more about this new, electronic health campaign, visit the Courage to Talk website at <http://www.couragetotalk.org>.

Navy Launches Blog

The Navy launched its official blog recently at www.navylive.dodlive.mil with an inaugural post penned by the Secretary of the Navy, the Honorable Ray Mabus. The Navy Live blog, hosted on the DoD Live blog hosting service, was launched to be a platform for talking about issues and important matters confronting the Department of the Navy. The blog is intended to tell the Navy story through the voices of both leadership and deck plate Sailors. For a complete listing of all Navy social media sites or to register your command site, visit the Navy.mil Social Media Directory. Visit: <http://www.navy.mil/socialmedia>

Navy Book Reading Summary & Excerpts



Ten Flatteners

Friedman defines ten "flatteners" that he sees as leveling the global playing field:

#1: Collapse of the Berlin Wall – 11/9/89: The event not only symbolized the end of the Cold War, it allowed people from other side of the wall to join the economic mainstream. "11/9/89" is a discussion about the Berlin Wall coming down, the "fall" of communism, and the impact that Windows powered PCs (personal computers) had on the ability of individuals to create their own content and connect to one another. At this point, the basic platform for the revolution to follow was created: IBM PC, Windows, a standardized graphical interface for word processing, dial up modems, a standardized tool for communication, and a global phone network.

#2: Netscape – 8/9/95: Netscape and the Web broadened the audience for the Internet from its roots as a communications medium used primarily by "early adopters and geeks" to something that made the Internet accessible to everyone from five-year-olds to ninety-five-year olds. The digitization that took place meant that everyday occurrences such as words, files, films, music and pictures could be accessed and manipulated on a computer screen by all people across the world.

#3: Workflow software: The ability of machines to talk to other machines with no humans involved, as stated by Friedman. Friedman believes these first three forces have become a "crude foundation of a whole new global platform for collaboration". There was an emergence of software protocols (SMTP – simple mail transfer protocol; HTML – the language that enabled anyone to design and publish documents that could be transmitted to and read on any computer anywhere) Standards on Standards.

#4: Open Source: Communities uploading and collaborating on online projects. Examples include open source software, blogs, and Wikipedia. Friedman considers the phenomenon "the most disruptive force of all".

#5: Outsourcing: Friedman argues that outsourcing has allowed companies to split service and manufacturing activities into components which can be subcontracted and performed in the most efficient, cost-effective way. This process became easier with the mass distribution of fiber optic cables during the introduction of the World Wide Web.

#6: Offshoring: The internal relocation of a company's manufacturing or other processes to a foreign land to take advantage of less costly operations there. China's entrance in the WTO (World Trade Organization) allowed for greater competition in the playing field. Now countries such as Malaysia, Mexico, Brazil must compete against China and each other to have businesses offshore to them.

#7: Supply-chaining: Friedman compares the modern retail supply chain to a river, and points to Wal-Mart as the best example of a company using technology to streamline item sales, distribution, and shipping.

#8: Insourcing: Friedman uses UPS as a prime example for insourcing, in which the company's employees perform services – beyond shipping – for another company. For example, UPS repairs Toshiba computers on behalf of Toshiba. The work is done at the UPS hub, by UPS employees.

#9: In-forming: Google and other search engines are the prime example. "Never before in the history of the planet have so many people – on their own – had the ability to find so much information about so many things and about so many other people," writes Friedman. The growth of search engines is tremendous; for example take Google, in which Friedman states that it is "now processing roughly one billion searches per day, up from 150 million just three years ago".

#10: "The Steroids": Personal digital devices like mobile phones, iPods, personal digital assistants, instant messaging, and voice over Internet Protocol (VoIP). Digital, Mobile, Personal and Virtual – all analog content and processes (from entertainment to photography to word processing) can be digitized and therefore shaped, manipulated and transmitted; virtual – these processes can be done at high speed with total ease; mobile – can be done anywhere, anytime by anyone; and personal – can be done by you.

PCS CMS-Interactive Detailing, CREO & Perform To Serve

OSA / GSA / IA

From recent IA Conference

Operation Iraqi Freedom will be called "Operation New Dawn" starting this September. -Dwell time for returning IA will be limited to 2 years, message to follow soon. - Shore duty fill rate can drop to as low as 75% of P9 BA (PERS business rule).-Theater can extend IA Sailors up to 14 days without notice or approval. -GTMO IA will no longer be a GSA process. -USNS Mercy and HAITI mission will not be given "IA" credit. -Any Sailor within 5 month of PRD window without orders could get issued IA orders or be told to go home if refuse to accept orders.

JUNE 2010						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2	3	1530 (CST) 4	5
0000 (CST) 6	0000 (CST) 7	8	1700 (CST) 1800 (CST) 9	10	11	12
13	14	15	16	17	18	19
20	21	0500 (CST) 22	3000 (CST) 23	24	25	26
27	28	29	30	Application results are available beginning at 1630 on the day the detailer selection ends and remain posted until the next month's requisition scrub		
APPLICATION RESULTS ARE AVAILABLE BEGINNING AT 1630 (CST) ON THE DAY THE DETAILER SELECTION ENDS AND REMAINS POSTED UNTIL THE NEXT MONTHS REQUISITION SCRUB						
CMS-ID REQ LOAD		CMS-ID REQUISITION SCRUB		CMS-ID DOWN FOR MAINTENANCE		
CMS-ID AVAILABLE FOR APPLICATIONS		DETAILERS MAKE SELECTIONS		CMS-ID COMMAND COMMENTS ONLY (No Applications allowed)		

Regarding the OSA (Overseas Contingency Operations) Support Assignment Program:

- Program is only for enlisted Sailors, with CMCs being the only exception. CMCs must go thru GSA process as well as Officers.
- Sailors interested in going IA will be eligible to apply via CMS/ID from months 12-9 of PRD. Once Sailor applies, PERS 4013 will contact them and give them 3 choices of IA available. If a Sailor does not make a choice before the 9 month mark, they will fall under the detailer for normal orders processing.
- Commands are still responsible to track Sailors once they leave for OSA assignment.
- PERS will automatically extend MBR's PRD by length of IA plus 60 days.
- Deployed MBR billet will still show up in JASS as normal, so command will get replacement for deployed Sailor.
- If MBR drops from IA for any reason, MBR will report back to parent command, then CMC and Career Counselor will work with detailer in getting Sailors orders.
- If mission is cancelled for any reason, Sailor will be given option to go on another mission, go back to detailer and/or work with detailer on getting orders thru normal route.
- Once OSA Sailor has OSA orders in hand, they can negotiate for follow on orders with choice of COAST (not billet).
- If Sailor does not negotiate for follow on orders prior to IA departure, they must negotiate between 9-7 month window once in theater.

Undermanned Rating for June 2010

E4 & Below CREO 1 **E4 & Below CREO 1** **E4 & Below CREO 2** **E5 CREO 1** **E5 CREO 2**

AC (SELRES)	ET_SS_NAV	ABE	AWF	ABE
AD (SELRES)	ET_SS_RF	AC	AWF (FTS)	ABH
AE (FTS)	FC	AD (FTS)	AWF (SELRES)	ABH (SELRES)
AE (SELRES)	FC-AEGIS	AE	AWO	AC
AM (SELRES)	GM	AG	AWO (SELRES)	AE
AT (FTS)	GSE	AM (FTS)	AWR (SELRES)	AG
AT (SELRES)	HT (SELRES)	AME	CTI (SELRES)	AM
AWF	IC	AME (SELRES)	CTI(A)	AME
AWF (FTS)	IS	AO	CTM	AO
AWF (SELRES)	IT	AS	CTN	AS
AWO	IT (SELRES)	AS (FTS)	CTN (SELRES)	AS (FTS)
AWO (SELRES)	LS (SELRES)	AT	CTR	AT
AWR	MA (SELRES)	AZ	CTT	AWR
AWR (SELRES)	MC	BU	ELT_NUC_SS	AWS
AWS	MC (SELRES)	CE	ELT_NUC_SW	AWV
AWS (SELRES)	MM (SELRES)	CM	EM_NUC_SS	AZ
AWV	MM_NUC_SS	CS	EM_NUC_SW	AZ (FTS)
BM (SELRES)	MM_NUC_SW	CS_SS	EOD (SELRES)	BM
CTI (SELRES)	MM_SS_WEPS	CTI(C)	ET (SELRES)	BM (SELRES)
CTI(A)	MN	CTI(K)	ET_NUC_SS	BU
CTM	MN (SELRES)	CTI(P)	ET_NUC_SW	CE
CTN	MR (SELRES)	CTI(R)	ET_SS_RF	CE (SELRES)
CTN (SELRES)	MT	CTR (SELRES)	MC (SELRES)	CM
CTR	MU	EA	MM_NUC_SS	CS
CTT	ND	EO	MM_NUC_SW	CS_SS
ELT_NUC_SS	ND (SELRES)	ET (FTS)	ND (SELRES)	CTI(C)
ELT_NUC_SW	OS	FT	SO (SELRES)	CTI(K)
EM_NUC_SS	PR (SELRES)	GM (SELRES)	CTI(P)	CTI(R)
EM_NUC_SW	RP (SELRES)	HM	CTR (SELRES)	DC
EN (SELRES)	SB	HM (SELRES)	EM (SELRES)	DC (FTS)
EOD	SO	IS (SELRES)	IS (SELRES)	EA (SELRES)
EOD (SELRES)	SO (SELRES)	LS	AG (SELRES)	EM
ET	STG (SELRES)	LS (FTS)	BU (SELRES)	EM (FTS)
ET (SELRES)	STS	LS_SS	CM (SELRES)	EN
ET_NUC_SS	STS (SELRES)	MM_SS_AUX	NC_CRF (FTS)	EO
ET_NUC_SW	YN_SS	MR	CTM (SELRES)	EO (SELRES)
		PR	LN	EOD
		RP	SB (SELRES)	ET
		SW		ET (FTS)
		UT		ET_SS_NAV
		YN		
		YN (SELRES)		

Undermanned & CREO 2 Ratings for June 2010

E6 CREO 1

CTI(A)
CTI(P)
CTM
CTN
CTN (SELRES)
CTR
CTR (SELRES)
ELT_NUC_SS
ELT_NUC_SW
EM (SELRES)
EM_NUC_SS
EM_NUC_SW
EOD (SELRES)
ET_NUC_SS
ET_NUC_SW
LN
MM_NUC_SS
MM_NUC_SW
ND (SELRES)
SB (SELRES)
SO (SELRES)
ABH (SELRES)
CTI(C)
CTI(R)
HT (SELRES)
IS
SB
SO
MM (SELRES)
MR (SELRES)
NC
NC_CRF

E6 CREO 2

ABE
ABF
ABF (SELRES)
ABH
AC
AD
AE
AO
AO (FTS)
AS (FTS)
AT
AWF
AWO
AWR
AWS
AWV
AZ
AZ (FTS)
BM
BM (SELRES)
BU
BU (SELRES)
CE
CE (SELRES)
CM (SELRES)
CS
CTI(K)
CTT
CTT (SELRES)
DC
DC (FTS)
EA
EM
EN
EO
EO (SELRES)
EOD
ET
ET (FTS)
ET_SS_NAV
ET_SS_RF
FC
FC-AEGIS
FT

E6 CREO 2

GM
GSE
GSM
HM
HM (FTS)
HM (SELRES)
HT
IC
IS (SELRES)
IT
IT (SELRES)
LN (SELRES)
LS
LS (FTS)
LS (SELRES)
LS_SS
MA (SELRES)
MC
MC (SELRES)
MM
MM_SS_AUX
MM_SS_WEPS
MT
NC (FTS)
NC_CRF (FTS)
ND
OS
OS (SELRES)
PR
PS (SELRES)
QM
RP
RP (SELRES)
SH
STG
STS
SW
SW (SELRES)
UT
UT (SELRES)
YN
YN (FTS)
YN (SELRES)
YN_SS

- Undermanned does not mean there is a guaranteed to convert or be accepted to that rating. Sailors must be fully qualified in order to apply for CREO 1 or CREO 2 ratings when their current rate is CREO 3.
- It's too late when Sailors are in PTS for the first time and realize don't qualify to convert to anything else and are in an overmanned rating. Check your ASVAB scores & other qualifications when you're in Zone A, B or C.
- Rates that are not listed under each paygrade maybe overmanned or CREO 3 during this month or cycle.
- Contact your Command Career Counselor for details & ask for Monthly Career Matrix

CREO 3 and some ratings require STE approval from NPC. Career Matrix (including CREO 3) & complete list for PTS & Conversion is updated monthly via: NPC Website:

http://www.npc.navy.mil/CareerInfo/EnlistedCareerProgression/Reenlistments_Extensions/default.htm OR BOL: Via CAC Login and click on

"Rate Manning Management" from the main menu

Navy Program Reduces Family Stress

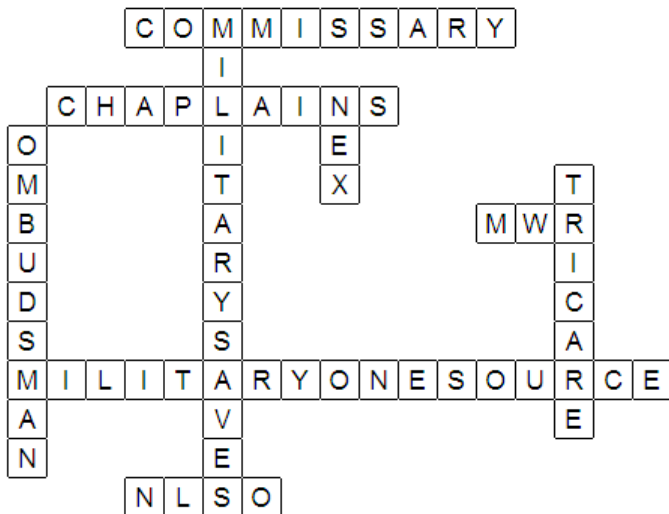
The Navy's FOCUS, or Families Over Coming Under Stress, aims to reduce stress for military families. The goal is to offer practical help in situations where symptoms may be mild, acute or anywhere in between and also to remove the stigma from seeking assistance. FOCUS uses a color code to help families pinpoint current levels of stress. So far about 97,000 people have tried the program out at 10 Marine Corps and eight Navy locations. The staff at each site includes psychologists, social workers, licensed marriage family therapists and resilience trainers. Plans are underway to expand FOCUS to other branches of the military. The FOCUS website at <http://www.focus.org> contains a list of locations and more information about the program.



Ask for 2010 Career Wise back issues:

- May - Deployment edition
- April - Detailers edition
- March - Career Guide
- February - Career Tools Online
- December - Post 9-11 GI Bill

Answers to Career Puzzle #13 FAMILY BENEFITS & TOOLS



Courtesy of Navy Times.com
Despite what you've heard, there is such a thing as a stupid question.